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| Name: | Clinical Practice Guidelines |
| Date of Origin: | 10/26/2018 |
| Current Effective Date: | 2/19/2025 |
| Scheduled Review Date: | 2/19/2026 |

I. POLICY

Capitol Dental Care (CDC) is committed to providing effective evidence-based clinical guidelines to support efforts of CDC contracted providers in delivering appropriate treatment to achieve positive outcomes. CDC has established these guidelines based on the Oregon Health Plan (Medicaid) population it serves in conjunction with reviews of available clinical information.

II. DEVELOPMENT OF GUIDELINES

The CDC Quality Improvement (QI) Committee is responsible for the review, adoption, and approval of clinical practice guidelines. The QI Committee reviews these guidelines on an annual basis in light of changes within the dental profession, OHP and CMS/Medicaid requirements, or CDC's membership. The QI Committee is composed of several dental providers, whose input and involvement are considered in the adoption of practice guidelines.

Clinical guidelines include professional standards of care that dentists and dental hygienists are required to comply with to maintain necessary licensing within the state of Oregon. Guidelines also explain what treatments and services are covered under the Oregon Health Plan and which treatments and services may be "dentally appropriate" but not covered. Guidelines can also describe CDC clinical review of preauthorizations (PAs) and referrals in order to confirm that providers are referring cases and requesting PAs in a manner consistent with OHP standards.

III. GUIDELINES

The standards for the provision of care to CDC's membership comprise the following guidelines:

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| ASSOCIATION OF STATE AND TERRITORIAL DENTAL DIRECTORS | <i>Best Practices</i> |
| AMERICAN DENTAL HYGIENISTS' ASSOCIATION | <i>Standards for Clinical Dental Hygiene Practice</i> |
| UNITED STATES FOOD AND DRUG ADMINISTRATION | <i>Guidelines for Prescribing Dental Radiographs</i> |
| AMERICAN ACADEMY OF PEDIATRIC DENTISTRY | <i>Definitions, Policies, and Recommendations</i> |
| | <i>Silver Diamine Fluoride</i> |
| AMERICAN DENTAL ASSOCIATION | <i>Center for Evidence-Based Dentistry</i> |
| OREGON HEALTH AUTHORITY (OHA) | <i>Dental Services Administrative Rulebook</i> |
| | <i>Acute Opioid Prescribing Guidelines</i> |
| | <i>Opioid Prescribing Guidelines for Dentists</i> |

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| AMERICAN HEART ASSOCIATION | <i>Prevention of Infective Endocarditis</i> |
| AMERICAN ASSOCIATION OF PEDIATRICS | <i>Guidelines for sedation of pediatric patients</i> |
| CAPITOL DENTAL CARE | <i>Seclusion and Restraint Policy</i> |
| | <i>Advance Directives Policy</i> |

IV. DISSEMINATION OF PRACTICE GUIDELINES

CDC makes its clinical practice guidelines known to its providers as well as its members and administrative staff. On a yearly basis, CDC will require each provider to attest that they have received and reviewed the practice guidelines. In addition, this policy is found on CDC's website, and the guidelines therein are also referenced in the CDC Provider Agreement.

The CDC Clinical Director discusses verbally and/or in writing relevant guidelines with the referring provider at the time of review if the referral request or pre-authorization request does not meet criteria for approval.

Of course, if a member inquires about CDC's practice guidelines, they can be referred to the website where the guidelines reside, or they can be provided the guidelines in writing if needed. Members may also be provided with a link to the Oregon Dental Services Rules in response to any coverage questions. That link is [Oregon Health Authority : Dental Services Program : Oregon Health Plan : State of Oregon](#).

CDC's website also offers to members state contact information where additional resources may be found.

V. REVISION ACTIVITY

| Revision Date | Revision and Rationale | Effective Date |
|---------------|-----------------------------------|----------------|
| 04/01/2011 | Policy Creation | 05/01/2011 |
| 06/26/2013 | Policy Review | 06/26/2013 |
| 04/10/2015 | Revise in response to COO updates | 04/10/2015 |
| 11/07/2016 | Review/Update | 11/07/2016 |
| 10/26/2018 | Review/Update | 10/26/2018 |
| 11/06/2018 | Review/Update | 11/6/2018 |
| 12/30/2019 | Review/Update | 12/30/2019 |
| 2/5/2020 | Review | 2/5/2020 |
| 2/16/2022 | Review | 2/16/2022 |
| 3/20/2023 | Review | 3/20/2023 |
| 2/27/2024 | Review | 2/17/2024 |
| 2/19/2025 | Review Only | 2/19/2025 |

VI. AFFECTED DEPARTMENTS

CDC Administrative Staff, CDC Providers

VII. REFERENCES

Provider Guide
Provider Enrollment Agreement
CCO Member Handbook